

FIBROID

ASIAN LEADERSHIP SUMMIT 2026



Precision • Personalisation • Progress in Fibroid Care

Congress Chairs:



Rooma Sinha



Arnold Advincula



16 - 17th May 2026



The Westin, Mindspace Hitec City, Hyderabad

4 TGMC Points Approved

International Advisors:



Arnold Advincula
(USA)



Dongling Zou
(China)



Esther Moss
(UK)



Tan Ee Ping
(Malaysia)



Sergio Haimovich
(Spain)

National Advisors :



Kurian Joseph



Alka Kriplani



Prakash Trivedi



Alka Kumar



Sasikala Kola



Rahul Gajbhiye

International Speakers :



Sandra O. Madueke



HE Misi



Lilo Mettler

Day 1

16th May 2026

8- 8.30 am Registrations & Networking

BRAINSTORMING SESSIONS - 8.30 am - 9:00 am

1. Medical Management in Special Scenarios- Seeking fertility / Perimenopausal / Poor surgical candidates

Session Coordinator **Jayasri rayapati**

Session Convenors - **Sasikala Kola**

Lead Discussants- **Samita Bhat, Kurian Joseph, Nisha Bhatia**

2. Pathology After UAE, RFA & Microwave ablation- What Really Happens?" Implications for retreatment, fertility and recurrence

Session Coordinator – **Sakshi Srivastava**

Session Convenors – **Michele De Padua, Tan Ee Ping**

Discussants – **Suresh Girgani, Rubina Shahnawaz, Hima Bindu Rallabandi, Anshumala Kulkarni**

3. Adhesion Prevention after myomectomy- What really matters?- Barriers or Surgical technique?

Session Coordinator **Rohit Raina**

Session Convenors **Parul Kodatwala / Meenakshi Sundram**

Discussants: **Bahadur Rao, Vandana Kanumury, Shabnam Kumari Dhira**

4. Relagolix in fibroids- Off-label or evidence-based?

Session Coordinator **Swati Gogineni**

Session Convenors **Ragini Verma/ Milind Shah**

Discussants **V Jyotsna, Neha Singh, Meenal Patvekar, Sandeep Karunakaran**

5. To be or not to be (FIGO- 3)- Should we remove for fertility enhancement- Why and when?

Session Coordinator **Rupa Bana**

Session Convenors **Durga Rao, Swapna Misra**

Discussants - **Sunita Ilhani, Urmila Sonam, Pratap Kumar**

6. Medical Management after myomectomy- Will Elagolix work while she waits to plan her pregnancy?

Session Coordinator **Harshita**

Session Convenors **Savita Devi / Sumana Manohar**

Discussants **Ranjana Joshi, Madhumati S, Chitwan Dubey, Aishwarya Nupur**

7. Managing Endometrial Breach in Myomectomy

Session Coordinator **Lakshmi Krishnaleela**

Session Convenors: **Rekha Kurian**

Discussants **Radhika Reddy, Ayush Heda, Priyanka Batra, Neeraj Y**

Session 1- Precise Diagnosis (9 am- 10.20 am)

Session Convenors – Mamata Deendayal, Sarbajeet Hazra

1. USG- Tips for doing a complete and detailed USG & discuss its limitations. **Mamta Deendayal 15 mins**
2. A tutorial of how to use MRI software yourself.- A clinicians guide to read MRI **Ravikanti Prasad 10 mins**
3. The Competitive Advantage of MRI in fibroids mapping & morphological assessment for the Elusive Leiomyosarcoma **Subhrajit Hazra 15 mins**

Keynote- 1

Presiding Chair- **Tan Ee Ping, Arnab Basak**

Artificial Intelligence in Fibroid Care: From Imaging to Individualised Treatment"- 3D mapping, Digital twin, Tile Pro & Intraoperative interventions - **Rooma Sinha (15mins)**

Key takeaways & Clinical pearls 10 mins

Conversation Lead— **Mamata Deendayal**

Discussants— **A Prasanna Latha, Subhrajit Hazra, Rooma Sinha, Suresh Girgani**

Session 2 (10.20-11.20 am)

1. Somatic Mutation Landscape in Fibroids & Liquid Biopsy Biomarkers in Uterine **Sarcoma Rahul Gajbhiye 10 mins**
2. Targeting the Progesterone Receptor-Dominant role in Fibroid growth **Pratap Kumar 10 mins**
3. From Fibroid Biology to Clinical Prediction: Imaging Biomarkers and Precision Medicine in Uterine Fibroid Care- **Sandra Madueke Laveaux 10mins**

Keynote 2

Presiding Chair- **R Rajgoplan , Anupama Hari**

Leiomyoma and Leiomyosarcoma: What Does Current Evidence Tell Us About Risk, Origin, and Preoperative Detection? **Esther Moss (15mins)**

Key takeaways & Clinical pearls 10 mins

Conversation Lead— **Rahul Gajbhiye / Pratap Kumar**

Discussants **Rahul Datta, Esther Moss, R Rajgopalan**

Session 3 (11.20-12.30pm)

Not All Uterine Masses Are Benign: The Path to Diagnosis and Safe Management

Session Convenors – **Swarnalatha Gowri Shankar, Yogesh Kulkarni**

Pathology & Oncological aspects

Not All Uterine Masses Are Benign: The Path to Diagnosis and Safe Management

1. When fibroids don't look like fibroids on Histopathology- **Ritu Srivastava 15 mins**
2. Rapidly Growing & Degenerative Changes Fibroids: When to Reassure, When to Rethink **Kurian Jospeh 10 mins**
3. The Pseudocapsule & the Uterine Mantle in Uterine Fibroids: Structure, Function, and Surgical Implications **Sergio Haimovich 10 mins**

Keynote 3

Presiding Chair- **P Balamba, Vanita Jain**

The perils & Delima of a surprise at pathology at myomectomy- Pathways to action and surveillance.

Kanika Batra Modi (15 mins)

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Arunava Roy**

Discussants All Faculty **Yogesh Kulkarni, Rohit Ranade, Mariam Anjum Iftekar, Swarnalatha**

Gowrishankar

Sponsored Lunch Symposium - ASTRA ZENECA 12.30- 12.45

Emerging Therapeutics Frontiers in advanced Endometrial Cancer (DUO-E+Pan Tumour)

Planka Satya Dattatreya

LUNCH 12.45- 1.30 pm

Session 4 1:30- pm – 3:00 pm

The Expanding Pharmacopeia for Fibroids: Evidence, Indications, and Individualized Choice

Session Convenors - **Sumana Manohar, Anupama Bahadur**

1. Medical Management in Practice: Patient Selection and Managing Side Effects

Anupama Bahadur 10 mins

2. Bridge or Destination? Defining the Role of Long-Term Medical Therapy for Symptomatic Fibroids

Rajesh Modi 15 mins

3. New Kids on the block- GnRH antagonists- Indications, pitfalls and the evidence **Parul Kodatwala**

15 mins

Panel - **Medical management of fibroids- Evidence, Controversies & Individualized Choice**

Moderator- **Basab Mukherjee (40 mins)**

Panellist - **Y Savita Devi, Ragini Verma, Sumana Manohar**

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Sumana Manohar**

Discussants **Parul Kodatwala, Anupama Bahadur, Anuradha Panda**

INAUGURATION 3:00- 3.30 pm

Session 5 - Mastering the Surgical Spectrum- Myomectomy (3.40 pm – 5.10 pm)

Session Convenors: **Arnold Advincula, PG Paul**

1. The Route Decision Tree: Laparotomy vs. Laparoscopy vs. Robotic- Will robotics become the gold standard? **Arnold Advincula 10 mins**

2. The Art of Uterine Closure: Barbed suture- the real game changer? **PG PAUL 10 mins**

3. Tips & Tricks for Laparoscopic Myomectomy **Hafeez Rahman 10 mins**

4. Tips & Tricks for Robotic Myomectomy **Rooma Sinha 10 mins**

5. Managing the "Uncountable" Fibroids- Strategies (>10-15) **Prakash Trivedi 10 mins**

6. Strategies to control blood loss in myomectomy -**Urmila Soman 10 mins**

7. EXCITE technique **Arnold Advincula 5 mins**

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **PG Paul, Hafeez Rahman**

Discussants: **Arnold Advincula, Rooma Sinha, Prakash Trivedi, Urmila Sonam, Rupashree Dasgupta**

FIRESIDE CHAT (5:15 - 6:00 pm)

**Global & Indian Burden of Fibroid Uterus causing anaemia -
Changing Landscape**

DISCUSSION FORUM 6:00 -6:45 pm

Myomectomy or Hysterectomy for Fibroids- Is it truly a woman's choice?

MODERATOR Arnold Advincula

Discussants- Arnab Basak, Rekha Kurian, Archana Kumari, Imran Hamzawala

UnivLabs CSM Demonstration

Dinner 7.30 pm onwards



Day 2

17th May 2026

5:30 am - 7:00 am

#FIBROID RED STRENGTH WALK

(8.30-9.10 am)

Key Practice Insights from the Brainstorming Session

Seven Representatives from the Brainstorming Session will present 1-2 slides (5 mins each)

Session 6 – (9.10-10.30 am)

Beyond the Uterine Cavity: The Multifaceted Impact of Fibroids on Reproductive Success

Session Convenors - **Durga Rao, Pratap Kumar**

1. Pathophysiological Pathways: How a Benign Tumour Creates a Hostile Uterine Environment. **Sumana Gurunath 15 min**

2. Data Dive: A Critical Appraisal of Meta-Analyses on Fibroids and IVF Outcomes **Pratap Kumar 15 min**

3. After myomectomy- Embryo Transfer Strategies & Timing of ART; Frozen vs fresh embryo transfer **Durga Rao 15 min**

Keynote 4

Presiding Chair- **Arnold Advincula, D Pratibha**

Future Directions Talk: Beyond Myomectomy & Adenomyomectomy: Fertility-Sparing Ablative Techniques and Their Promise- **Tan Ee Ping (15mins)**

Key takeaways & Clinical pearls 10 mins

The Surgical Dilemma for Fertility Enhancement– To Remove or Not to Remove? MDT APPROACH

Conversation Lead - **Durga Rao / Pratap Kumar**

Discussants **Sumana Gurunath, Tan Ee Ping, Sunita Ilhani, Lakshmi Krishnaleela, Sandeep Karunakaran**

Session 7A- Mastering the Surgical Spectrum- Hysteroscopy (10.30-11.30)

Session Convenors -**Meenakshi Sundaram, Pranay Phukan**

a) Choosing the correct patient Lasmar STEP-W classification & Clinical Tips- Prevention of Complications **Alka Kumar 15 mins**

b) Fibroid enucleation techniques- OPPluM; Mazzon's cold loop technique; Morcellator VIDEO **Sergio Haimovich 25 mins**

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Meenakshi Sundram, Y Savita Devi**

Discussants - **Kurian Joseph, Alka Kumar, Sergio Haimovich, Nirmala P & Shradha Ramchandani**

Session 7B- Unusual Situations in Fibroid Surgery: Thinking Beyond the Algorithm (11.30-12.30 pm)

Session Convenors: **Arnab Basak, Sangita Rai**

1. Caesarean Myomectomy- **Rekha Kurien 8 mins**
2. Open Myomectomy **Anupama Bahadur 8 mins**
3. Vaginal myomectomy- **Sasikala Kola 8 mins**
4. Cervical Fibroid Myomectomy- **Rupasree Dasgupta 8 mins**
5. Image-guided Myomectomy & Adenomyomectomy – **Rooma Sinha/ Anshumala 8 mins**
6. HIFU in management of fibroid- Current Perspectives -**HE Misi 8 mins**

KEYNOTE 5 (12.30-12.55pm)

Presiding Chair- **Arunava Roy Rama Joshi**

Morcellation, Sarcoma Risk & Contained Techniques- Your Surgical Decisions Have Irreversible Oncologic Consequences **Prakash Trivedi**

KEYNOTE 6 (12.55-1.10 pm)

Presiding Chair - **Rohit Ranade, Arnold Advincula**

Complications & Risk Reduction in Surgery for Fibroid Uterus -**Dongling Zou**

KEYNOTE 7 (1.10-1.30pm)

Presiding Chair **Minakshi Rohilla, Neena Malhotra**

From Early Attempts to Established Practice: The Journey of Laparoscopic Myomectomy **Liselotte Mettler**

LUNCH 1:30- 2:00 pm

Session 7C- Mastering the Surgical Spectrum- Hysterectomy (The Definitive Solution) (2:00 -3:00 pm)

Session Convenors: **Anshumala Kulkarni, Imran Hamzawal**

- a) TLH- Tips & Tricks for a large Uterus. **Kurian Joseph 15 mins**
- b) Robotic Hysterectomy Tips & Tricks for a Large Uterus **Arnold Advincula 15 mins**
- c) vNotes for large fibroid Uterus **Suyash Naval 10 mins**

Session 7 A B C - Key takeaways & Clinical pearls 10 mins

Conversation Lead- **Arnab Basak, Imran Hamzawal**

Discussants **Anupama Bahadur, Rupasree Dasgupta, Rohit Ranade**

Clinical GRAND ROUNDS (CGR) – COMPLEX CASE DISCUSSIONS (3PM- 4 pm)

Panel of experts – **Mariam Anjum Iftekar, Rohit Ranade, Girija Shankar, Sasikala Kola**

Moderator- **Anshumala**

Cases presented by – **Sree Reshmi RJ, Ankita Agarwal, Mridula Nigam, Rohit Raina**

Closing Ceremony- (4:00 -4:10 pm)

REGISTRATION & LOGISTICS

Registration Link:

https://fibroid.vdotechnologies.in/register_now.php



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For Hotel Booking

Venue: The Westin, Mindspace Hitech City, Hyderabad



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