



Precision • Personalisation • Progress in Fibroid Care

Congress Chairs:



Dr. Rooma Sinha



Dr. Arnold Advincula

 **16 - 17th May 2026**

 **The Westin, Mindspace Hitec City, Hyderabad**

International Advisors:



Arnold Advincula
(USA)



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(China)



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Tan Ee Ping
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National Advisors :



Kurien Joseph



Alka Kriplani



Prakash Trivedi



Alka Kumar



Sasikala Kola



Rahul Gajbhiye

SCIENTIFIC PROGRAM (PART 1)

Day 1
16th May 2026



08:00 – 09:00

Registrations & Networking

Brainstorming Sessions

1. The Elusive Leiomyosarcoma: What Can and Cannot Be Diagnosed by Imaging
2. Medical Management in Special Scenarios – Seeking fertility / Perimenopausal / Poor surgical candidate
3. Pathology After UAE, RFA & MWA – What Really Happens? Implications for retreatment, fertility & recurrence
4. Adhesion Prevention After Myomectomy – What Really Matters? Barriers or Surgical Technique
5. UPA / Aromatase Inhibitors in Fibroids – Off-label or Evidence-based?
6. To Be or Not To Be (FIGO 2–5): Should We Remove for Fertility Enhancement – Why and When?
7. Obstetric Management After Myomectomy – How Long to Wait / Always Caesarean Section?

Keynote 1

Global & Indian Burden of Fibroid Uterus Causing Anaemia – Changing Landscape

Session 1 – Precise Diagnosis

1. FIGO Classification Update & Relevance to Decision Making
2. Ultrasound in Fibroids – Tips for Complete Evaluation & Limitations
3. Competitive Advantage of MRI in Fibroid Mapping & Morphological Assessment
4. Clinician's Guide to Reading MRI – Practical Tutorial Using MRI Software

Keynote 2

Artificial Intelligence in Fibroid Care: From Imaging to Individualised Treatment
(3D mapping, Digital twin, Tile Pro & intraoperative interventions)

SCIENTIFIC PROGRAM (PART 2 – COMPLETE)

Session 2 – From Bench to Bedside

Translating Molecular Insights into Next-Generation Fibroid Therapies

1. Somatic Mutation Landscape in Fibroids
2. Liquid Biopsy Biomarkers in Uterine Sarcoma
3. Progesterone Receptor – Dominant Role in Fibroid Growth
4. Fibroid Recurrence After Myomectomy – Predictors (age, number, genetics)

Keynote 3

Leiomyoma & Leiomyosarcoma: Risk, Origin & Preoperative Detection - Current Evidence

Session 3 – Pathology & Oncological Aspects

Not All Uterine Masses Are Benign: Path to Diagnosis and Safe Management

1. When Fibroids Don't Look Like Fibroids
2. Rapidly Growing & Degenerative Fibroids – When to Reassure, When to Rethink
3. The Pseudocapsule – Structure, Function & Surgical Implications

Keynote 4

The Perils & Dilemma of a Surprise Pathology at Myomectomy – Pathways to Action & Surveillance

Session 4 – Expanding Pharmacopeia for Fibroids

1. Medical Management in Practice – Patient Selection & Managing Side Effects
2. Bridge or Destination – Role of Long-term Medical Therapy
3. GnRH Antagonists – Indications, Pitfalls & Evidence

Panel Discussion

Controversies in Medical Management of Fibroids & Reaching Consensus

Day 2
17th May 2026

Session 5 – Fibroids & Reproductive Success

1. Pathophysiological Pathways: How Fibroids Create a Hostile Uterine Environment
2. Meta-analysis Review: Fibroids & IVF Outcomes
3. After Myomectomy – Timing of ART; Frozen vs Fresh Embryo Transfer

Keynote 5

Beyond Myomectomy & Adenomyomectomy: Fertility-Sparing Ablative Techniques

Session 6 – Mastering the Surgical Spectrum

(Near-Live Surgery & Video Demonstrations)

1. Pre-operative Strategy, Consent & Counselling
2. Hysteroscopic Myomectomy
3. Laparoscopic, Robotic & vNOTES Myomectomy
4. Managing Multiple Fibroids (>10–15)
5. Open, Hand-Assisted, Vaginal & Caesarean Myomectomy – Relevance Today
6. Hysterectomy – Laparoscopic, Robotic & vNOTES
7. Non-invasive Techniques – UAE, MWA, HIFU
8. Complex Scenarios – Fibroids with Endometriosis / Adenomyosis
9. Unusual Fibroids – Parasitic, Iatrogenic, Extra-uterine
10. Barbed Sutures – A Game Changer?
11. Recurrence After Myomectomy – Prediction & Prevention
12. Image-Guided Surgery in Fibroids & Adenomyoma

Keynote 6

Myomectomy or Hysterectomy – Is It Truly a Woman's Choice?

GRAND ROUNDS – Complex Case Discussions

Cases by surgeons, fellows, radiologists & fertility specialists

- Giant fibroids
- Cervical & broad ligament fibroids
- Recurrent fibroids
- Fibroids with adenomyosis
- Fibroids in pregnancy
- Suspicious degeneration vs sarcoma

Keynote 7

Morcellation, Sarcoma Risk & Contained Techniques – Irreversible Oncologic Consequences

Awards & Closing Ceremony

Recognition of outstanding scientific contributions, innovations & young surgeon achievements

REGISTRATION & LOGISTICS

Registration Link:

https://fibroid.vdotechnologies.in/register_now.php



Scan Qr Code for Register

Hotel Booking

Venue: The Westin, Mindspace Hitec City, Hyderabad



Scan Qr Code for Booking Hotel

Coordination & Assistance

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