

FIBROID

ASIAN LEADERSHIP SUMMIT 2026



Precision • Personalisation • Progress in Fibroid Care

Congress Chairs:



Dr. Rooma Sinha



Dr. Arnold Advincula

16 - 17th May 2026

The Westin, Mindspace Hitec City, Hyderabad

International Advisors:



**Arnold Advincula
(USA)**



**Dongling Zou
(China)**



**Esther Moss
(UK)**



**Tan Ee Ping
(Malaysia)**



**Sergio Haimovich
(Spain)**

National Advisors :



Kurien Joseph



Alka Kriplani



Prakash Trivedi



Alka Kumar



Sasikala Kola



Rahul Gajbhiye

International Speakers :



Sandra O. Madueke



HE Misi

Day 1

16th May 2026

8:00 - 8:30 am Registrations & Networking

Brainstorming Session (8:30 am - 9:00 am)

Fibroid management continues to evolve with advances in minimally invasive surgery, reproductive medicine, imaging, and non-surgical therapies. Yet, many clinical decisions remain deeply debated. This interactive brainstorming session will explore the grey zones and unresolved questions in fibroid care - where evidence, experience, patient preference, and surgical expertise intersect. Designed as a highly participatory forum, this session encourages open dialogue, differing viewpoints, and real-world insights from multidisciplinary experts and the audience. The goal is both consensus and clarity.

1. Medical Management in Special Scenarios - Seeking fertility / Perimenopausal / Poor surgical candidates
Session Coordinator - **Moumita Bag**
Session Convenors - **Meenakshi Sundram, Subhash Mallya**
Lead Discussants - **Bindhu, Samita Bhat, Kurian Joseph**
2. Pathology After UAE, RFA & Microwave ablation - What Really Happens?"
Implications for retreatment, fertility and recurrence
Session Coordinator - **Sakshi Srivastava**
Session Convenors - **Michele De Padua, Tan Ee Ping**
Discussants - **HE Misi, Suresh Girgani, Rubina Shahnawaz, Hima Bindu Rallabandi**
3. Adhesion Prevention after myomectomy- What really matters?
Barriers or Surgical technique?
Session Coordinator - **Rohit Raina**
Session Convenors - **Parul Kodatwala / Sasikala Kola**
Discussants - **Y Swapna, Bahadur Rao, Vandana Kanumury, Shabnam Kumari Dhira**
4. Relagolix in fibroids - Off-label or evidence-based?
Session Coordinator - **Swati Gogineni**
Session Convenors - **Shashank Shekhar/ Ragini Verma**
Discussants - **Jyotsna, Neha Singh, Meenal Patvekar, Dongling Zou**
5. To be or not to be (FIGO - 3) - Should we remove for fertility enhancement- Why and when?
Session Coordinator - **Rupa Bana**
Session Convenors - **Durga Rao, Swapna Misra**
Discussants - **Sunita Ilhani, Urmila Soman, Pratap Kumar, Vandana Jain**
6. Medical Management after myomectomy - Will Elagolix work while she waits?
Session Coordinator - **Harshita**
Session Convenors - **Savita Devi / Sumana Manohar**
Discussants - **Ranjana Joshi, Madhumati S, Chitwan Dubey, Aishwarya Nupur**
7. Managing Endometrial Breach in Myomectomy
Session Coordinator - **Krishnaleela**
Session Convenors - **Nutan Jain / Rekha Kurian**
Discussants - **Radhika Reddy, Isha Kriplani, Ayush Heda**

Session 1 - Precise Diagnosis (9:00 am - 10:20 am)

As a gynaecologist, uterine fibroids are at the core of your practice. Accurate diagnosis and precise mapping are no longer just about identification—they are critical for personalised treatment planning, patient counselling, and optimising surgical or non-surgical outcomes. This advanced, case-driven course is designed to empower you to execute and interpret a systematic fibroid mapping protocol, including 2D USG, 3D USG, MRI and 3D mapping. The MRI session will equip you to identify suspicious-looking fibroids using DWI and ADC images.

Session Convenors – Mamata Deendayal, Sarbajeet Hazra

1. USG- Tips for doing a complete and detailed USG & discuss its limitations. **Mamta Deendayal 15 mins**
2. The Competitive Advantage of MRI in fibroids mapping & morphological assessment for the Elusive Leiomyosarcoma **Sarbajeet Hazra 15 mins**
3. A tutorial of how to use MRI software yourself.- A clinicians guide to read MRI **Ravikanti Prasad 10 mins**

Keynote - 1 (20 mins)

Presiding Chair - Tan Ee Ping, Arnab Basak

Artificial Intelligence in Fibroid Care: From Imaging to Individualised Treatment”- 3D mapping, Digital twin, Tile Pro & Intraoperative interventions - **Rooma Sinha 15 mins**

Key takeaways & Clinical pearls - 10 mins

Conversation Lead - **Mamta Deendayal, Nutan Jain**

Discussants - **Prasanna, Sarbajeet Hazra, Rooma Sinha, Suresh Girgani**

Session 2 (10:20 am - 11:30 am)

From Bench to Bedside: Translating Molecular Insights into Next-Generation Fibroid Therapies

The precise molecular origins of fibroids are complex and still an active area of research. There isn't a single "reason," but rather a convergence of genetic, hormonal, and cellular factors. While driver mutations initiate uterine fibroids, their growth and symptoms are governed by a complex tumor microenvironment (TME). This session will move beyond the leiomyoma cell to explore the dynamic interplay with Somatic Mutation, Progesterone Receptor and imaging biomarkers -the very pathways that represent the most promising nonhormonal therapeutic targets of the future.

Session Convenors - Rahul Gajbhiye / Rahul Dutta

1. Somatic Mutation Landscape in Fibroids & Liquid Biopsy Biomarkers in Uterine Sarcoma **Rahul Gajbhiye 10 mins**
2. Targeting the Progesterone Receptor - Dominant role in Fibroid growth **Pratap Kumar 10 mins**
3. From Fibroid Biology to Clinical Prediction: Imaging Biomarkers and Precision Medicine in Uterine Fibroid Care - **Sandra Madueke Laveaux 10mins**

Keynote- 2 (20 Mins)

Presiding Chair - T Subramenshwar Rao, Rani Reddy

Leiomyoma and Leiomyosarcoma: What Does Current Evidence Tell Us About Risk, Origin, and Preoperative Detection? **Esther Moss (15mins)**

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Rahul Gajbhiye / Pratap Kumar**

Discussants : **Rahul Datta, Esther Moss, T Subramenshwar Rao, Rani Reddy**

Coffee Break : 11.20 am - 11:30 am

Session 3 (70 mins) 11:30 am - 12:40 pm

Not All Uterine Masses Are Benign: The Path to Diagnosis and Safe Management

This session shifts the mindset from viewing fibroids as a purely benign, surgical condition to understanding them as part of a spectrum of mesenchymal tumors with critical implications. Imaging can suggest, but only histopathology can diagnose. The delegate will gain a deep appreciation for the morphologic triad (cytologic atypia, mitotic count, tumor cell necrosis) that separates benign leiomyomas from leiomyosarcomas and the challenging "gray zone" of STUMP. Uncertainty Exists, and You Must Know How to Navigate it.

Session Convenors – Rama Joshi, Swarnalatha, Yogesh Kulkarni,

Pathology & Oncological aspects

Not All Uterine Masses Are Benign: The Path to Diagnosis and Safe Management

1. When fibroids don't look like fibroids on Histopathology - **Ritu Srivastava 15 Mins**
2. Rapidly Growing & Degenerative Changes Fibroids: When to Reassure, When to Rethink - **Kurian Joseph 10 mins**
3. The Pseudocapsule & the Uterine Mantle in Uterine Fibroids: Structure, Function, and Surgical Implications
Sergio Haimovich 10 mins

Keynote 3 (20 mins)

Presiding Chair- Dongling Zou, P Balamba

The perils & Delima of a surprise at pathology at myomectomy- Pathways to action and surveillance.

Alka Kriplani (15 mins)

Key takeaways & Clinical pearls 10 mins

Conversation Lead : **Rama Joshi / Arunava Roy**

Discussants - All faculty **Subhash Mallya, Yogesh Kulkarni, Rohit Ranade, Marium Anjum Iftekar, Swarnalatha**

LUNCH : 12:40 pm - 2:00 pm
Sponsored Lunch Symposium - ASTRA ZENECA

Session 4 (2:00 pm - 3:30 pm)

The Expanding Pharmacopeia for Fibroids: Evidence, Indications, and Individualized Choice

In this session, delegates will learn to define and distinguish the core goals and rationale of medical therapy for fibroids, moving beyond simple symptom control. They will understand its dual rationale: as a temporizing bridge to menopause or surgery, fertility preservation or as a potential long-term, non-surgical destination with the newer drugs like GnRH antagonists for eligible patients.

Session Convenors - Sumana Manohar, Anupama Bahadur

1. Medical Management in Practice: Patient Selection and Managing Side Effects **Anupama Bahadur 10 mins**
2. Bridge or Destination? Defining the Role of Long-Term Medical Therapy for Symptomatic Fibroids
Shashank Shekhar 15 mins
3. New Kids on the block-GnRH antagonists - Indications, pitfalls and the evidence **Parul Kodatwala 15 mins**

Panel - Medical management of fibroids - Evidence, Controversies & Individualized Choice

Moderator - **Basab Mukherjee / Bhaskar Pal**

Panelist 40 min - **Savita Devi, Subhas Malaya, Misi HE, Ragini Verma, Pakhee Agarwal, Sumana Manohar**

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Bhaskar Pal / Sumana Manohar**

Discussants **Shashank Sekhar, Parul Kodatwala, Anupama Bahadur**

Session 5 - Mastering the Surgical Spectrum - Myomectomy (3:30 pm – 4:50 pm)

Myomectomy remains the cornerstone of uterus-preserving surgery in women with fibroids. With the evolution of minimally invasive platforms, both laparoscopic and robotic approaches have expanded surgical possibilities while maintaining precision and safety. Through expert insights, surgical videos, and real-world case discussions, participants will gain practical strategies to optimise surgical performance and improve patient outcomes

Session Convenors: **Alka Kriplani, Arnold Advincula**

1. The Route Decision Tree: Laparotomy vs. Laparoscopy vs. Robotic - Will robotics become the gold standard? **Arnold Advincula 10 mins**
2. The Art of Uterine Closure: Barbed suture - the real game changer? **PG Paul 10 mins**
3. Tips & Tricks for Laparoscopic Myomectomy **Alka Kriplani 15 mins**
4. Tips & Tricks for Robotic Myomectomy **Rooma Sinha 15 mins**
5. Managing the "Uncountable" Fibroids- Strategies (>10-15) **Prakash Trivedi 10 mins**
6. Strategies to control blood loss in myomectomy - **Urmila Soman 10 mins**
7. EXCITE technique **Arnold Advincula 5 mins**

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **PG Paul, Alka Kriplani**

Discussants - **Arnold Advincula, Rooma Sinha, Prakash Trivedi, Urmila Soman, Rupashree Dasgupta**

FIRESIDE CHAT 30 mins (5:00 pm - 5:40 pm)

Global & Indian Burden of Fibroid Uterus causing anaemia - Changing Landscape

INAUGURATION 6:00 pm - 6:30 pm

Discussion Forum – (6:30 pm - 7:00 pm)

Myomectomy or Hysterectomy for fibroids- Is it truly a woman's choice? 30 mins

Forum Chair - **Arnold Advincula**

Dinner 7.30 pm onwards

Day 2
17th May 2026

Key Practice Insights from the Brainstorming session (8:30 am - 9:10 am)

Session 6 (9:10 am - 10:30 am)

Beyond the Uterine Cavity: The Multifaceted Impact of Fibroids on Reproductive Success

Delegates attending a session will gain a nuanced, evidence-based, and clinical framework that goes beyond the simple question of "to remove or not to remove" and learn to navigate the complex intersection of reproductive goals and fibroid pathology. They will learn to conduct a sophisticated risk-benefit analysis for each patient.

Session Convenors - **Durga Rao, Pratap Kumar**

1. Pathophysiological Pathways: How a Benign Tumour Creates a Hostile Uterine Environment.
15 min Sumana Gurunath
2. Data Dive: A Critical Appraisal of Meta-Analyses on Fibroids and IVF Outcomes **Pratap Kumar 15 min**
3. After myomectomy - Embryo Transfer Strategies & Timing of ART; Frozen vs fresh embryo transfer
Durga Rao 15 min

Keynote 4 - (20 mins)

Presiding Chair - Arnold Advincula, D Pratibha

Future Directions Talk: Beyond Myomectomy & Adenomyomectomy: Fertility-Sparing Ablative Techniques and Their Promise - **Tan Ee Ping (15 Mins)**

Key takeaways & Clinical pearls 10 mins

The Surgical Dilemma for Fertility Enhancement - To Remove or Not to Remove? MDT APPROACH

Conversation Lead - **Durga Rao / Pratap Kumar**

Discussants - **Sumana Gurunath, Tan Ee Ping, Sunita Ilhani, Krishnaleela, Anuradha Panda**

Session 7A- Mastering the Surgical Spectrum - Hysteroscopy (10:30 am - 11:30 am)

Hysteroscopic myomectomy remains the gold standard for the management of submucosal fibroids. As techniques and instrumentation continue to evolve, this procedure demands both surgical precision and careful patient selection. Through surgical videos, case discussions, and faculty, practical tips, troubleshooting strategies, and evidence-based guidance will be shared to optimise outcomes while maintaining safety.

Session Convenors - **Meenakshi Sundaram, Sergio Haimovich**

- a) Choosing the correct patient Lasmar STEP-W classification & Clinical Tips-Prevention of Complications
Alka Kumar 15 mins
- b) Fibroid enucleation techniques - OPPIuM; Mazzon's cold loop technique; Morcellator VIDEO
Sergio Haimovich 25 mins

Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Meenakshi Sundram, Savita Devi**

Discussants - **Kurian Joseph, Alka Kumar, Sergio Haimovich, Nirmala P, Shradha Ramchandani**

Session 7B (11:30 am - 12:40 pm)

Unusual Situations in Fibroid Surgery: Thinking Beyond the Algorithm

Not every fibroid case fits the textbook. Complex anatomy, unexpected intraoperative findings, prior surgeries, massive uterine size, distorted planes, fertility considerations, and resource limitations often demand adaptability and innovation. This dynamic, video-based session will showcase challenging, unconventional scenarios in fibroid management in which surgeons had to think beyond standard protocols.

Session Convenors: **Arnab Basak, Tan Ee Ping**

1. Caesarean Myomectomy - **Alka Kriplani 8 mins**
2. Open Myomectomy? **Anupama Bahadur 8 mins**
3. Vaginal myomectomy - **Sasikala Kola 8 mins**
4. Cervical Fibroid myomectomy - **Rupasree Dasgupta 8 mins**
5. Broad Ligament Fibroid - **Nutan Jain 8 mins**
6. Image-guided Myomectomy & Adenomyomectomy - **Rooma Sinha 8 mins**
7. HIFU in management of fibroid - Current Perspectives - **HE Misi 8 mins**
8. Conversion decisions - when and why? **Subhash Mallaya 8 mins**

KEYNOTE 5: 20 mins (12:40 pm - 01:00 pm)

Presiding Chair - **Subhash Mallya, Alka Kriplani**

Morcellation, Sarcoma Risk & Contained Techniques - Your Surgical Decisions Have Irreversible Oncologic Consequences - Prakash Trivedi (15 mins)

KEYNOTE 6: 20 mins (01:00 pm - 01:20 pm)

Presiding Chair - **Rohit Ranade, Arnold Advincula**

Complications & Risk Reduction in Surgery for Fibroid Uterus - Dongling Zou (15mins)

LUNCH : 1:20 pm - 2:00 pm

Session 7C (2 pm - 3 pm)

Mastering the Surgical Spectrum - Hysterectomy (The Definitive Solution)

Session Convenors **Dongling Zou, Subhash Mallaya**

- a) TLH - Tips & Tricks for a large Uterus. **Kurian Joseph 15 mins**
- b) Robotic Hysterectomy Tips & Tricks for a Large Uterus **Arnold Advincula 15 mins**
- c) vNotes for large fibroid Uterus **TBD 10 mins**

Session 7 - Key takeaways & Clinical pearls 10 mins

Conversation Lead - **Arnab Basak, Nutan Jain**

Discussants **Alka Kriplani, Anupama Bahadur, Rupasree Dasgupta, Rohit Ranade**

Award-winning videos & Abstracts (3 best paper/ video) (3:00 pm - 3:15 pm) 5 min each

Prize 10000/- winners & Certificates

Clinical GRAND ROUNDS (CGR) – COMPLEX CASE DISCUSSIONS (3:15 pm - 4:00 pm)

Panel of experts - **Marium Anjum Iftekar, Rohit Ranade, Arnold Advincula, Sergio Haimovich**

Moderator - **Anshumala**

Cases presented by - **Reshmi, Ankita, Mridula, Rohit**

Closing Ceremony (4:00 pm - 4.10 pm)

REGISTRATION & LOGISTICS

Registration Link:

https://fibroid.vdotechnologies.in/register_now.php



Scan Qr Code for Register

For Hotel Booking

Venue: The Westin, Mindspace Hitech City, Hyderabad



Scan Qr Code for Booking Hotel

Coordination & Assistance

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